



Prepared by:
Senior Citizens' Law Office, Inc.
4317 Lead Avenue SE, Suite A
Albuquerque, NM 87108
(505) 265-2300
www.sclonm.org

“AGING IN PLACE” PROJECT

A legal assistance, benefits information, and referral program for residents of Bernalillo, Sandoval, Torrance and Valencia Counties

505-265-1244
505-265-2300

Senior Citizens' Law Office is funded in part by the City of Albuquerque Area Agency on Aging, Bernalillo County grant, the Center for Civic Values (IOLTA Program), Sandia Foundation's Hugh and Helen Woodward Fund of the Albuquerque Community Foundation, the State Bar Pro Hac Vice Fund, McCune Charitable Foundation, and United Way of Central New Mexico. Revised 10/10

WHAT IS SCLO's AGING IN PLACE PROJECT?

SCLO's AGING IN PLACE PROJECT is one component of the Healthcare Rights Project and was created by SCLO to provide a broad range of high quality civil legal services to seniors 60 & older residing in Bernalillo, Sandoval, Tarrant & Valencia Counties, prioritizing those at risk of losing their housing and independence. SCLO reaches out to vulnerable seniors in need of help on housing, benefits, healthcare, consumer, and abuse issues.

SCLO's AGING IN PLACE PROJECT CAN ASSIST YOU WITH:

- Medicare
- Medicaid (incl. waiver programs)
- CoLTS Managed Care
- Social Security/SSI
- LIHEAP utility assistance
- VA benefits
- Long-term care
- Home modifications
- Reverse mortgages
- Foreclosures

HOW TO REACH SCLO

The AGING IN PLACE PROJECT provides information by phone (505) 265-1244 or (505) 265-2300, on our website at www.sclo.net, and by mail or in person:

Senior Citizens' Law Office
4317 Lead Ave SE, Ste. A
Albuquerque, NM 87108

WHAT IS AGING IN PLACE?

In the past, when an older person had difficulty living on their own, it was a signal that it was time to move in with family or go to a nursing home. But for most people this is no longer the case. Today, you can continue to live on your own for many years, even as you grow older and begin to need help with everyday tasks. This is often called "aging in place."

When you develop a chronic health condition such as diabetes, arthritis, or Alzheimer's disease, aging in place means more than just staying in your own home. You need a place to live that is safe and accommodates your particular needs. A wide range of paid services may be available in your community. For example, funds may be available to pay caregivers or for home modifications (such as a ramp or lift) that can extend the time you can live at home.

Americans of all ages value their ability to live independently. But without a plan for aging in place, it can be hard to stay in control of your life. Knowing your health risks and financial options can make a big difference in your ability to stay in a familiar place.

The Aging in Place Project advocates for people to prepare to remain in their residence---independently, comfortably and safely. The staff at SCLO is dedicated to helping you stay at home as long as possible. SCLO can help you understand your risks for needing help at home due to a chronic health condition, explore what types of government benefits are out there and if you qualify, examine whether long term care insurance is an option for you, learn about the benefits and challenges of using a reverse mortgage for aging in place and know where to go for more information.